



Name: _____ Email: _____

Address: _____

Phone: Home #: _____ Cell #: _____

Okay to Text message/Email? Yes No Okay to leave a phone message? Yes No

Referral Source / How did you find me?: _____

Age	Date of Birth (mm/dd/year)	Marital Status (single,married,divorced)	Gender (male, female, self-identify as)	

Emergency Contact (name): _____ Relationship: _____

Phone: _____ Family Physician: _____

CONFIDENTIALITY

In all counselling relationships, there is an adherence to a strict standard of confidentiality. No information given by you to your counsellor/therapist will be disclosed to a third party without your expressed written consent. Client files are privileged and confidential. There are a few exceptions to confidentiality:

- 1) If the counsellor/therapist thinks any person's life or health is in imminent danger, he/she is ethically and legally bound to take appropriate action.
- 2) Under AB Law, if the client suggests that a child, elder or disabled person may be abused, neglected or for any other reason in need of protection, it must be reported to the Child and Family Services Authority and/or police.
- 3) In extraordinary circumstances, the courts have discretionary power to subpoena or court order files, cases notes, and/or obtain counsellor information.
- 4) The client directs the counsellor to share information with another person.

I have read the **Statement of Understanding** (on the resources page of my website www.newperspectives.ca) and the information on **Confidentiality** above.

Client Signature: _____ Date: _____

Parent or Guardian Signature: _____



Release of Liability and Waiver of Claims
for Online Counselling

*Heather Kristenson, RTC, CTRC (ACCT -ID: 2155) of New Perspectives Counselling
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New Perspectives Counselling involves the use of electronic communications to connect with individuals using video and audio platforms to conduct sessions. The laws that protect client confidentiality remain in effect and apply to online counselling.

There are a few important considerations to review regarding your privacy and rights when choosing online counselling. It is important to know that due to the nature of technology, there is no 100% assurance of confidentiality when using online services. NPC will do everything possible to protect your identity and keep all confidences. NPC will utilize secure and PIPEDA compliant software (Zoom) approved to ensure the highest level of security possible.

In order to achieve successful outcomes in our work together, it is important to create a safe environment free of distractions and interruptions, and a space that is private and confidential. The client is responsible for securing their own computer hardware, and internet security. In order to protect the privacy of our time together there will be no audio or video recordings. In the event there is a miscommunication or misunderstanding, it is the client and counsellor's responsibility to discuss this immediately. It is important to be aware of the potential risks that the transmission of personal information could be disrupted or distorted by technical failures and could also be interrupted by unauthorized persons. If there are disconnection issues, technology malfunctions or disrupted internet connection, the session will be cancelled and rescheduled via phone, email or text.

The client has the right to withhold or withdraw consent to online services at any time without it effecting their right to future treatment. If the counsellor and/or client determines in-person sessions being a better fit, the counsellor will support the client with a referral or set up an in-person session.

By signing this document, I agree that I have read and understand the information provided above regarding online counselling services and have discussed any concerns I may have with my counsellor. I have carefully reviewed and give my consent to receive treatment under the terms of the consent/ confidentiality agreement during my intake.

I have read the above, understand its contents, and consent to the online counselling process.

(Client's Signature)

(Date)